



Volunteer Form

Support prevention, awareness and gender care

Your contribution of time and talent to reduce the burden of heart disease on our society is a tremendous gift that can greatly help in the fight and save more lives. Please complete the form below by printing clearly in all boxed areas. Please mail the completed form together with a one-page resume and letter of why you feel committed to the Women's Heart Foundation and how you think you can make the most impact.

DATE: _____

Area of expertise 1: _____ Area of expertise 2: _____

PERSONAL INFORMATION:

Your Name: _____ Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Daytime phone: _____ Fax: _____

OCCUPATION:

Name: _____ Email: _____

Address: _____

City: _____ State: _____ Zip: _____

PLEASE COMPLETE CHECKLIST INDICATING YOUR AREA OF INTERST AND SKILL THAT YOU WOULD LIKE TO CONTRIBUTE:

Fundraise

Speak as a heart disease survivor

Health Professional (*contribute medical article, speaking, preview health materials*)

Write my personal health story for Women's Heart e-News (*send a photo of self in jpg format along with your story*)

Office support

Marketing and education (*disseminate education materials and flyers, write press releases, promote attendance*)

Hold a February event: RED DRESS LUNCHEON held the 1st Saturday after National Wear Red Day

Help with May event: 5k RUN FOR MOM on Mother's Day (*usual site is a county park in central New Jersey*)

Mentoring Parent in support of WHF's school-based HeartFitKid project (*background check, fingerprints required*)

Other: _____

PLEASE REMIT FORM VIA EMAIL, ALONG WITH LETTER OF INTENT, TO: mail@womensheart.org or send by mail to: WHF · P.O. Box 7827 · West Trenton, NJ 08628. QUESTIONS? Please call 609.771.9600 and leave a message.

Visit us on the web at www.womensheart.org. WHF is a 501 (c) 3 public-supported charity. EIN # 22-3176-344. WHF is registered with the New Jersey Division of Consumer Affairs. Thank you for supporting the work of the Women's Heart Foundation and its award-winning prevention and wellness programs to improve survival and quality of life. [a href="/PDFs/form_volunteer2011.pdf](#)