

# Continuing Education for Health Professionals

## Monmouth University

The Marjorie K. Unterberg School of Nursing and Health Studies

Co-sponsored with Monmouth Medical Center and The Women's Heart Foundation

## A Woman's Heart



**Date:** Tuesday, February 13, 2007

**Time:** 6:00–9:00 pm

**Place:** The Club Dining Room, Magill Commons

**Fee:** \$65.00/\$60.00 for MU Students / Monmouth Medical Center Employees \* *Currently enrolled RN students are eligible for a discounted rate\* for this program. Please contact the Women's Heart Foundation for more information at 609.771.9600 or email [bonnie@womensheart.org](mailto:bonnie@womensheart.org)*

\*Contact hours have been applied for. Monmouth Medical Center is an approved provider of continuing nursing education by New Jersey State Nurses Association, an accredited approver, by the American Nurses Credentialing Center's Commission on Accreditation #(P91-11/2004-2007)

\*An application has been submitted to the Society for Public Health Education (SOPHE) to receive Category I CHES CECH. SOPHE is a designated provider of continuing education contact hours by the National Commission for Health Education Credentialing.

*A heart healthy dinner, a glass of red wine and a serving of dark chocolate are included in the fee.*

This program will focus on the importance of women's heart health and the need for gender specific care. The presenters will provide an overview of coronary artery disease (CAD) and how the assessment, diagnosis and treatment should be adapted for women. A highlight will be a panel of experts from the field including women who share their experience of living with heart disease.

### Topics will include:

- Trends in the treatment and prevention of heart disease in women
- Diagnostic tests used to identify CAD in women
- Barriers and challenges facing women
- Lifestyle changes that can reduce risk factors
- Resources for support and information

### Presenters:

Bonnie Arkus, RN - Executive Director, Women's Heart Foundation

Louise Balligan, RNC, BS, RDCS - Clinical Manager, The Joel Opatut Cardiac & Pulmonary Rehabilitation Center at Monmouth Medical Ctr

Marietta Datar, RN, BSN - Cardiac Rehabilitation Center at Monmouth Medical Center

Carol Chriss, RN, RDCS, MSN - Clinical Research Coordinator for Cardiology Services at Monmouth Medical Ctr

Marie McLean, RN, BSN, RDCS - Cardiac Catheterization Lab, Monmouth Medical Center

### To Register please provide the following information: A Woman's Heart

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Telephone (home) \_\_\_\_\_ (work) \_\_\_\_\_

Send registration form with check to: Monmouth University, Marjorie K. Unterberg School of Nursing and Health Studies, 400 Cedar Ave, West Long Branch, NJ, 07764. For more information or to pay by credit card, contact Barbara Paskewich, Special Projects Coordinator, 732-571-3443 or [bpaskewi@monmouth.edu](mailto:bpaskewi@monmouth.edu)

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